

HOLIDAYS ARE FUN... LET'S MAKE IT MORE ENJOYABLE

PRE- SCHOOL - 2019-20

Dear Parents,

Summer vacation is here and it's time to relax at home away from the scorching heat. These days are precious. It's time to nurture young minds, inculcate moral values and narrate family anecdotes to keep them in touch with their roots. Certain basic skills are learnt from the surroundings and children imbibe them, when they follow the leader, that is when their parents' guide them through these. Let's inculcate some life skills and values in them.

- Make your child independent and help him/her learn
 - Buttoning of shirt
 - Toilet habits (train your child to flush after using the toilet).
 - Wearing of apron, spreading mat, folding of apron and mat.
 - Opening and closing of bottle and bag.
 - Taking care of his/her belongings.
 - Packing of his/her school bag.
 - Following table manners.
 - Arranging shoes in the shoe rack.

- Encourage your child to take care of personal hygiene. Help him/ her
 - Brush teeth twice a day.
 - Comb hair regularly after taking bath every day.
 - Wash hands before and after meals.

- To enhance gross motor skills of your child, enrol him/her to any of the following activities
 - Dance
 - Aerobics
 - Swimming
 - Art and craft classes

- To enhance your child's fine motor skills , involve him/her in
 - Zipping and unzipping
 - Opening and closing the bottle cap / tiffin lids turning
 - Pages of a book
 - Squeezing bath sponges
 - Watering plants using spray bottles
 - Mashing potatoes
 - Rolling clay
 - Shelling out peas

- Imbibe the social skills like
 - Greeting with a smile when someone comes to the house.
 - Conversing freely with visitors, relatives coming to the house.
 - Speaking politely to the peer group

- Sharing with the peers
 - Encourage your child to use the three magic words -
I am sorry Please Thank you
-

Activity Time

The creativity in me:

- **Make any 2 cut outs** (of animals /fruits and vegetables/ helpers) of big size (using half cardboard for each cutout) . Use **BOLD AND BRIGHT** shade poster colors to make the cutouts bold and colorful. For eg.



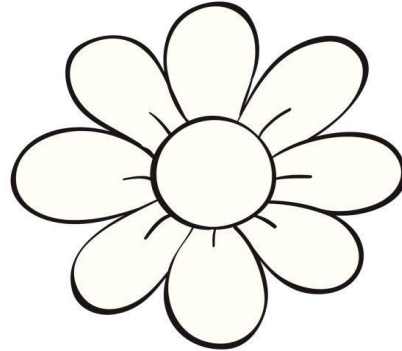
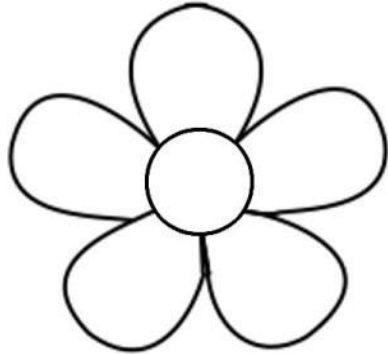
- **My little hands do magic** - With kids hand prints or cut outs, create any 4 different animals/ bird or any other thing (using ivory sheet as the base paper) .



- **PAPER PLATE CRAFT-** Make any 2 **CREATIVE face masks** of **ANIMALS/ BIRDS** using paper plates .**Masks should be bright and colourful.**



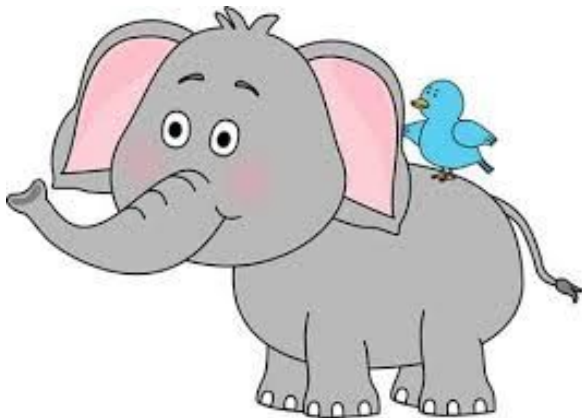
- **Paper tearing and pasting is fun-** Using 1/4th size ivory sheet, help your child do paper tearing and pasting using craft paper / glaze paper/ neon sheets etc. in a cutout of a flower. Make the outline of the flower with black poster colour.



- **PICTIONARY (picture book)** -In a drawing file, paste colourful and bold pictures of different **animals and birds/ helpers/ food/means of transport** . Do not paste very small size pictures.Label the pictures .Cover the file with a pastel sheet ,decorate the cover and label it. This file will be used for picture reading in the class during DEAR TIME.

- **PUZZLE FUN**

Putting a puzzle together is a fun activity and a great workout for child's brain. Making your own puzzle is even more fun, and adds a whole new dimension to the activity!



1. Select the photo that you would like to make into a puzzle.
2. A4 size is recommended.
3. Take a coloured printout (of the picture chosen) on a glossy sheet.
4. Cut the picture into **4 pieces** with the help of a scissors.
5. Write your child's name on the other side of each piece of the picture.
6. Get all four pieces laminated.
7. Send them in a small transparent zip pouch (when asked by the teacher).

▮ **Nurture the Nature:**

- Let your child go for nature walk with you or grandparents.
- Let him/her hear birds chirping. Keep a mud pot. Let him/her fill it with water every day and let him /her observe different birds drinking and playing in water.
- Don't forget to **take a few snap shots** of each of your child's fun filled activities.
- Paste the photographs on A4 size pastel sheets and write your child's name on it .
- Encourage your child to participate in the eco drive.
- Help him/her to **make a paper bag and decorate it.**

Please note the following:

1. Suggested Pictures are given for your reference. Please look for more pictures from Google for all the activities.
2. **Send all the above created things in the paper bag to the school, as and when asked by the teacher.**

