

# V.V.D.A.V Public School Vikaspuri

## VACATION PLAN

### CLASS-1

Holidays are Fun Let's .....Enjoy!

Dear Parents

Holidays are here,yet another opportunity for our little ones to do something beyond the mundane routine.

It's time to **EXPLORE, CREATE AND INNOVATE.**

Children are our lifeline.We had an excellent time with our kids since the beginning of the new session wherein they enjoyed doing various activities,playing games,listening to facts and stories apart from their academics.

### **OVER TO YOU NOW, DEAR PARENTS**

Kids will be with you for the next one and a half month and let's maintain this rhythm to make each day worthwhile for them.

### **FEW TIPS AND ACTIVITIES TO MAKE HOLIDAYS FUN AND LEARN TIME FOR KIDS**

#### **1. Involving in Household Chores**

Assign kids a few tasks which they can easily accomplish like filling water bottles,keeping them in the refrigerator,watering plants,folding washed clothes.Let them have fun while washing their own handkerchief. This is how they can get into the habit of helping out around the house.You will set a pattern that will benefit them when they grow up.

#### **2. Give Them Time**

Our children need our presence more than our presents so

- Strive to have at least two meals together. Make them aware of the hundreds of people who worked hard to provide them a meal. Let the kids understand that to have food in our plate,we need to cultivate.
- Read, play sing and have lots of fun with them.
- Instead of just telling the child to read help them to select the books,read along with voice modulation which will encourage them to read more often.
- Teach them a few folk songs and enjoy singing along with them.

#### **3. Take Them for Outings**

● Kids enjoy meeting people.Summer break is the best time to visit other members of the family who do not live in town. Kids really love the presence Of Grandparents, aunts and uncles in their lives.It ensures stronger family ties as well.

- Take them along to the market, malls and shopping complexes. Let them be a part of purchasing groceries, checking price tags, checking bills etc. This will naturally teach them value for money.
- Plan visits to amusement parks, public parks and let children socialise with the people out there. Let them observe the way you greet people and interact with them.
- Take them for a ride in the **Metro or HOHO Bus**

#### **4. Focus on their Physical Activities and Eating Habits**

- Under your guidance set a routine for your kids where they perform Pranayam and simple stretching exercises.
- Encourage them to play outdoors in the evening instead of watching T.V or playing with electronic gadgets.
- Inculcate healthy food habits. Let them enjoy fruits, lassi and ensure they do not binge on junk food and aerated drinks.
- Help your children learn a sport or join a hobby class this summer.
- On **International Yoga Day (21st June)** take your child for a Nature Walk and practice few Asanas with them.

#### **5. Inculcating Reading Skills**

Get your children exposed to the fascinating world of story books. **Few Suggested Series to enhance reading ability and vocabulary:**

- **Lady Bird Series** Peppa Pig etc.  
The Little Red Hen
- **Books By Scholastic** The Ice Cream Shop  
The New Puppy etc
- **Panchatantra Stories**



Encourage them to read two books of their choice. Pick five new words. Make and complete a table in the pattern given below on a coloured A4 size sheet. Paste the sheet in your English C.W notebook:

S.No.	Write it (Write the Word)	Draw it (Make it's picture)	Use It (Frame a Sentence)

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(Help your ward reading the given Textbooks (English and Hindi) also.)

### **6. Some Creative Projects to do:**

- **Flash Card Making**

1) Paste or draw two bold pictures of 'oo' and two of 'sh' sounds on A4 size coloured sheets

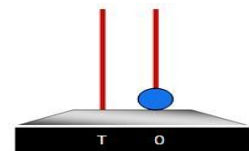
2) Draw or Paste two bold pictures of ॐ and two of ॐ matra words on A4 size coloured sheets.

- **Abacus Making Activity**

Help your ward to make a small and handy **abacus** depicting **only One and Tens using news paper**. You can take idea from the link given below:

<https://youtu.be/u8CYkSYglmk>

(Keep it safely at home, we will ask for it when we will do ABACUS ACTIVITY in class)



- **Poster making activity on 5th July, 19 in class.**

**Make your ward practice** making a poster on A4 size sheet on any one topic given below:

- **Let's go green as it makes environment clean.**
- **Save Environment, Save Life.**
- **Save the Environment, Save the Nature.**
- **Save Environment, Save Earth!!**

**A4 size sheet will be provided in class for Activity**

- **Make Your own Puzzles**

Help your ward to make **24 square pieces PUZZLE** using printout of a picture and Cardboard. You can take idea from the link given below. Label every piece of puzzle and send in a small box.

[https://youtu.be/BlqWH\\_Jv9ho](https://youtu.be/BlqWH_Jv9ho)

## 7. Let's Do Something for Mother Earth

Plastic pollution is killing our planet! It's choking our oceans, poisoning our food and water supply, and wreaking havoc on the health and well-being of humans and wildlife worldwide. Let's transform our kids into ECO-FRIENDLY KIDS. Make them aware about Plastic Pollution. Show them some videos related to it. <https://youtu.be/73sGgmZoMBQ>

Let's teach them 3R's REDUCE REUSE AND RECYCLE

**Here are five easy ways that you and your family can reduce plastic pollution and help protect ocean animals.**

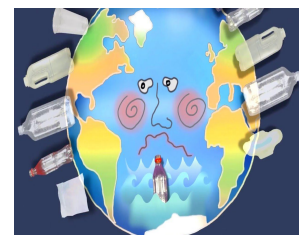
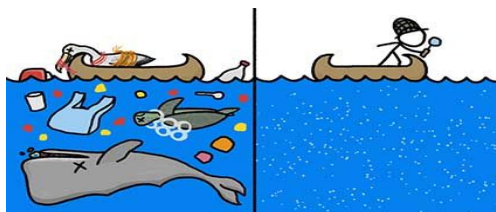
- Avoid **plastic** water bottles. There are 4,000 **plastic** bottles used every second. ...
- Bring a reusable grocery bag. ...
- Skip the **plastic** straws. ...
- Pack a litter-free lunch. ...
- Host an eco-friendly birthday party.

**Help them to design a simple but colourful pamphlet to make people aware about plastic pollution.**

**Encourage them to give it to 5 different people in your locality.**

**Observe them how they explain everything.**

**Paste one pamphlet in EVS C.W notebook.**



## 8. Boosting their Communication Skills

- Help them to learn five new words every day and make a constant effort to use them repeatedly.
- Tell them some good moral based stories in English or Hindi and make them practice to retell at least one story in class.
- Ask them **Open Ended Questions** For Eg. When wrapping a present, putting a large present on a small piece of paper and saying, 'This won't work. What can we do instead?' or if there will be no water on this Earth and so on

- Have Fun with Words
  - 1)Encourage them to play **शब्द अंताक्षरी** with other family members  
(Preferably words of matras आ, इ, ई)  
बाला- माला- काला -ताला
  - 2)Enjoy playing **Word Chain Game** with them.  
Hut-----Tub-----Bat-----Tap
- **Show and Tell Activity** can be a delightful game for kids .Give them a topic like favourite fruit,favourite toy etc.or any thing like a ball, a pencil etc.Ask him to speak five lines on it.

Last but not the least,

**Handhold your child at every step, make this journey of life, happy and a beautiful one for them ,so that one day they create their own golden stories.**

Wishing you a wonderful time with your little ones and looking forward to hear experiences after summer break.

**LET'S BE A ROLE MODEL FOR THEM.**

## Daddy's Day Out

### Dear Children

FATHER'S DAY is observed on the third Sunday of June.It Honours all fathers ,grandfathers and father figures for their contribution.So on this Father's Day:

- Pamper your dad
- Make him feel special in every small way
- Surprise him by giving him a card and a small gift
- Decide his dress for the day, Taking special care to choose his favourite colour
- Prepare a mouth watering recipe which might become his all time favourite. An example for one such recipe is given below:

### Recipe Time: Yummy Healthy Caterpillar Salad

#### What You will need:

- 1 tomato
- 1 cucumber
- Some cabbage leaves
- 2 to 3 coriander leaves
- Pepper ,salt,lemon



## How to make:

1. Slice 1 tomato and use 1 slice of it to make caterpillar's head.
2. Slice 1 cucumber. Use the sliced pieces to make the caterpillar's body
3. Chop some cabbage to make the grass on which caterpillar crawls
4. Use mint or coriander leaves to make eyes and nose.
5. Add some salt, pepper and lemon on it.

## Some Suggested Activities for Kids to Enjoy at Home

Do a puzzle,  
Sink or Float Experiment,  
Do a word search from newspaper,  
Make a Bird Feeder,  
Water the Garden,  
Play Dress up,  
Make a Mask,  
Colour a Picture,  
Make a picture frame,  
Make a sock puppet, ,  
Design Paper airplane,  
Random act of kindness,  
Organize your closet,  
Pray for someone,  
Call grandparents  
Find three toys to donate,  
Make a Thank You Card for your house maid.



**HAPPY HOLIDAYS**